

PLAN REVIEW MEETING: REVIEWING & SETTING GOALS

Goals set by participants during a plan review meeting with a Local Area Coordinator (LAC) or National Disability Insurance Agency (NDIA) planner, play a huge role in how your NDIS plan will be created. Which is why it's important to have a clear idea of what your short and long term goals are before your plan review meeting.

While it's not necessary to choose new goals with each plan review, your NDIS plan, supports, and services should be helping you make progress towards your goals.

This resource can help you to review your current goals, assess what's working and what needs to be changed or adjusted, and help you reaffirm your current goals or to set new goals for your next NDIS plan.

This resource is designed for current NDIS participants in preparation for a plan review meeting.

What worked well in your NDIS plan?

What didn't work well in your NDIS plan?

| Services you would like to continue | Why are they important to you? |
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If you didn't use funding for something, what was the reason?

Are there any supports you would like to change and why?



Were there any times during your planning period where you needed support but didn't have the right funding, enough funding or another reason that prevented you from accessing support?

Have you made progress towards your goals?

| What was your goal? | What did you do to work towards your goal? | What was the outcome? |
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Are there any goals you would like to change and what would you change about them?

List 2-3 short term goals and 3-5 long term goals for your next plan. Your goals can be your current goals, completely new goals, or a combination.

| Short term goals | Long term goals |
|---|------------------------|
| <i>Example: To improve my communication at home and within the community to become as independent as possible</i> | |
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What goals would you like to focus on?

